



TDDN Newsletter

March 2024



Please provide warm and waterproof outdoor clothing (labelled) for your child/ren to wear in the spring months – we do take them out, whatever the weather!



Please could you also make sure that your child has a spare (named) change of clothes and wipes at Nursery, especially if your child is toilet training.

Please drop off and collect your child at the correct times. Early arrivals and late collections will be charged.

Holi

Holi celebrates the arrival of Spring, and the end of Winter – the blossoming of love for many. It is a festive day to meet others, play and laugh, forgive and forget and to repair broken friendships. The festival also celebrates the beginning of a good spring harvest season.



Welcome to the March Newsletter

We have a new member of staff Miss Aleema, who is in her final year of university and has been studying Early Years. We have also welcomed several new children, who joined us during the half term. Thank you to all the new parents that completed a feedback sheet it was lovely to read all your comments.

Also, remember we are **open during the holidays**, so if you would like your child to attend, please speak to Miss Nargis. Please remember if your child is sick, you must keep them at home and inform us.

If your child cannot attend nursery, please email in to officeadmin@trainingdepot.co.uk and let us know why.

Our current **Staff of the Moment** is Miss Nargis. If you would like to nominate a member of our team, please email misssandhya@trainingdepot.co.uk

Is your child ready for school?

- Embed healthy eating and sleeping routines
- Promote independent toileting for the child starting school, always bearing in mind the differing needs of children with SEND
- Help your child to communicate, share resources and interact positively with other children and adults
- Provide your child with the equipment they need to start school such as school uniform and shoes.

Do you need help and advice with any of the above? Please speak to Miss Sandhya or Miss Nargis.

Top tips for helping your child to be ready for school

- Talk with your child
- Read with your child
- Count with your child
- Play listening games
- Encourage independence skills
- Encourage your child to hang up their coat and tidy away their toys
- Support your child to join in and share toys with other children
- Provide daily physical activity

World Book Day 2024

We encouraged your children to share their favourite book characters with us. Some kindly bought some books in to share with their friends throughout the week.



Dates for your Diary

March

Jo Jingles -

Tuesday 5th 2pm

Tuesday 12th 2pm

Tuesday 19th 2pm

Tuesday 26th 2pm

Butterfly Lifecycle - TBC

St Annes

Weekly

World book day 7th

Happy chick company - TBC

Holi 25th

British Science Week 8-17th

St Patricks Day 17th (celebrating on the 18th)

Mother's Day 10th

Start of Spring 20th

Nursery Closed - Bank Holiday 29th

April

Nursery Closed - Bank holiday 1st

St Annes

Weekly

**Easter Holidays for Grant Only Children –
2nd – 12th April**

Term Starts Monday 15th April

Eid - TBC

Vaisakhi 13th

Signing Company

Wednesday 10-11am

Healthy Tips

1. Before taking your child to the dentist, avoid using phrases such as 'be brave' or 'don't be scared' as this tells your child that there is something to be afraid of! Instead, talk about how the dentist is going to count their teeth and check that they are healthy.
2. To find an NHS dentist, please contact NHS 111 (by phone) or www.nhs.uk (via website). Children have free dental treatment until they are 18 years old or 19 years if in full-time education.



Don't let Measles,
Mumps and Rubella
into your child's world

MMR
vaccines
protect
Help us
help you

Total Wellbeing
Luton

**Stop Smoking.
Start Saving.**



Take back control of your health
and your bank balance.

You could save £50 per week*

Text **QUIT** to **60066**

*Savings based on the average smoker spending £100 per week.

Fast Food...

How healthy is it?

Are you getting any nutrition from it?

At Nursery, we are looking to focus on this, can you help?



OFFER VITAMIN D SUPPLEMENTS



BALANCED DIET

+



VITAMINS

=



HEALTHY START

EVERYDAY