

February 2024 Newsletter



Dear Parents...

We hope you found the Parents' Consultation day useful. We look forward to reading your feedback. Remember to share your child's WOW moments with us for their learning journey and we can celebrate this at the nursery with them.

Please remember if you are running late to let us know, so your child is not waiting around.

Our book library will be starting over again, please remember to return the books back to us, so we can share it with other families.

If you would like to take part in any of the activities that are taking place at the nursery, please speak to our team in the office.

Please provide warm outdoor clothing (labelled) for your child/ren to wear in the winter months – we do take them out, whatever the weather! 

Please could you also make sure that your child has a spare (named) change of clothes at Nursery, especially if your child is toilet training. Thank you. 

Healthy Tips

1. Overusing a dummy can affect how a baby's teeth grow, as well as affecting their speech as they get older. Try to use it only when your baby needs soothing and look for other ways to give comfort.
2. Take your baby along to your own dentist appointment from 6 months old. This will get them used to the sights, sounds and smells and the dental team will provide you with preventative advice to project your baby's smile.

MUNCH ON
FRUIT AND
VEGETABLES
EVERY DAY



AIM FOR 5 SO YOU CAN THRIVE!

February Events

Children Mental Health Week 7-13th

St Annes

Weekly

Jo Jingles

Tuesday 6th 10-11am

Tuesday 13th 10-11am

Chinese New Year 10th

Valentine's Day 14th (Day of love and kindness)

Pancake day 13th

Half Term Holiday for Grant Only

Children -

Monday 19th - Friday 23rd

March

Jo Jingles

Tuesday 5th 2pm

Tuesday 12th 2pm

Tuesday 19th 2pm

Tuesday 26th 2pm

Butterfly Lifecycle - TBC

March Events

St Annes

Weekly

World book day 7th

Happy chick company - TBC

Holi 25th

British Science Week 8-17th

St Patricks Day 17th (celebrating on the 18th

Mother's Day 10th

Start of Spring 20th

Nursery closed;

Bank holiday 29th

Importance of reading from a young age

- It is important for a child to look at books every day.
- All the family should be involved in sharing books and children's reading.
- Reading to a child for a short time every day from infancy helps prepare a child to learn. They are never too young!
- During the early years your child is remembering word patterns and learning the language of books.
- Shared enjoyment in reading between a parent and child deepens the child's interest in the world of stories and information and supports them learning to read.
- It promotes and teaches them key literacy skills and promotes early language development.



Support Services for Women in Luton

Our services are still open and available for telephone support

Call us for help and support with domestic abuse, if you've isolated and need help, or for anything else you need support with.

For support with Domestic Abuse

Luton All Women's Centre 01582 416783	Women's Aid in Luton 01582 391856	Stepping Stones 01582 547114
Luton IDVA Service 01582 488777	Bedfordshire Police 999 (emergency) 101 (non emergency)	National Domestic Abuse Helpline 0808 2000 247

Support Services for those Self Isolating

Crisis Aid 01582 211066	Christchurch Bushmead 07307191582 07824 534049	Hockwell Ring Mosque 07973 337269 07903 236926
Discover Islam 01582 452356	Go Dharmic 02071 128853	

Other Local Support Services

Luton Foodbank via Luton Council 0800 4561673 or CAB	Age Concern Luton 01582 456812	Luton Mental Health Crisis Team 01582 556917
Luton Irish Forum 01582 720447	Citizens Advice 03442 451285	

Supporting women in and around Luton

Produced by Luton All Women's Centre: Charity no. 1101754