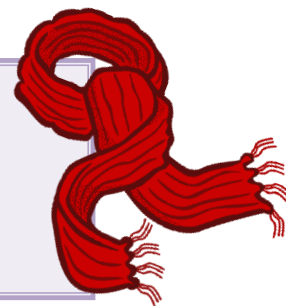


TDDN Newsletter

January 2024



Happy New Year

Please ensure all your child's items of clothing are labelled. Lots of hats, scarves and gloves get misplaced at this time of year.

Please could you also ensure that all children (regardless of toileting abilities) have spare clothing. We charge for supplies such as nappies / wipes / socks etc.



Welcome back everyone, we hope you had a lovely break with the family and that Santa paid you a visit!

For those of you that came to see Santa at Nursery we hope it was a lovely experience for you and your child. We also managed a few trips to St Anne's to wish them a Happy Christmas.

We have been busy welcoming some new families to Training Depot. If you have any questions, please speak to a member of our team. Please also remember that your children can pick up on you being worried, so remember to make the journey to nursery a happy one.

For parents that are wanting to apply for the 2-year grant, you can do this from the 2nd January. Please see the following link for more information.

<https://www.childcarechoices.gov.uk/>

If you have any questions, please speak to Miss Majeda or Miss Nargis who should be able to help you process your request.

We are hoping to run some parents' support/information classes for you. if there is anything you would like support with, please let us know.

Please **DO NOT** send your child to Nursery in shoes with laces.

This is for your child's Health and Safety. Shoelaces cannot be tied by the children themselves, resulting in loose laces that are a trip hazard.



Parent Consultation

17th January from 9.30 to 2.30. if you would like a telephone or face to face appointment please let us know. This is a good opportunity for you to talk to your child's key worker to share any WOW moments or things you are working on at home.

Nursery Rules

1. We are kind to our friends
2. We take care of our toys, and we tidy up our toys
3. We listen to our teachers
4. We use indoor voices and walking feet

Documents you will be expected to sign...
TDDN accident form
Home accident forms
Behaviour forms
Safeguarding forms
Medication permission slips

We are on Instagram, please make sure you follow us...



OFFER VITAMIN D SUPPLEMENTS



EVERYDAY

Calendar Dates

January

Bank Holiday – Nursery closed - Monday 1st

Term Starts - Monday 3rd January 2024

St Annes - Weekly

Yoga - Daily

Jo Jingles -

Tuesday 9th 10-11am

Tuesday 16th 10-11am

Tuesday 23rd 10-11am

Tuesday 30th 10-11am

National Story Telling Week - 29th

February

Children Mental Health Week - 7-13th

St Anne's - Weekly

Jo Jingles -

Tuesday 6th 10-11am

Tuesday 13th 10-11am

Chinese New Year - 10th

Valentine's Day - 14th (Day of love and kindness)

Pancake day - 13th

Half Term Holiday for Grant Only Children -

Monday 19th - Friday 23rd

Please be aware if your child requires an Epi-pen it is your duty to ensure we have one that is in date. Otherwise, your child will **not be able to attend nursery**.

Please also note that if your child is unwell, they will be sent home.

Healthy Tips

1. Introduce open-top cups to babies from 6 months old; discourage the use of bottles by their 1st birthday.
2. Toothbrushes should be replaced every 2-3 months or sooner once the bristles become splayed.
3. Toothbrushes should be air-dried, not touching anyone else's brush, after use.
4. Treats for little ones don't need to be sweets or any kind of food. Children often love stickers, trips to the park, feeding the ducks or a good tickle! Try to think of healthy, tooth friendly treats for them.

The impact on the development of children over 1 year old using dummies:

1. Sucking on a dummy may increase the chance of your child getting an ear infection.
2. Dummies can affect how your child's teeth develop.
3. Dummies have an impact on language development and contribute to unclear speech, or other speech problems. This is because dummies affect how the mouth and jaw develop, and restrict the movement of the tongue. In addition, your child won't get as many chances to practice talking with a dummy in their mouth.

You can wean your child off their dummy, using the following ideas:

1. Replace the dummy with another type of comforter e.g. favourite cuddly toy.
2. Use a sticker chart and reward your child with a present at the end of a period of time of not using their dummy e.g. a week.
3. You may like to try the 'dummy fairy,' where the child leave their dummy/ies hanging somewhere in the house and this is replaced by a present.
4. If your child uses their dummies when they are bored e.g. when shopping, ask them to help look for items on your list and put them in your trolley/ basket.

If you would like any further support or advice, please feel free to talk to any member of our staff.

