



TDDN Newsletter

September 2023



Welcome

...to the start of our new academic year.

A warm welcome back to everyone, also to all the new families that are joining us.

We understand that it can be an anxious time for you with your children starting nursery. Please remember each child is different and settle into a new environment at different rates.

We use several different strategies to ensure that your children have settled securely at TDDN and form good attachment with the staff.

Please remember your child may experience separation anxiety, some of the behaviours to lookout for are: -

- Trouble controlling emotions.
- Regressive behaviour
- Depressive sadness, or a lack of interest in favourite activities
- Changes in sleep schedule or appetite
- Self-isolating, or withdrawing from social circumstances.
- Abnormal clinginess toward a particular parent or caregiver

The three Rs — relationships, routine, and resilience

1. **Relationships** — Please talk to us about how your child is coping.
2. **Routines** — We have daily routine in both rooms to help your child understand their routine while at the setting.
3. **Resilience** — we will support your child to talk about their emotions and this will help them to build their resilience by helping children identify difficult feelings they might experience, teaching them coping skills. You can also help with this at home, by talking to your child about their day at the setting.

Documents you will be expected to sign....

- TDDN accident form
- Home accident forms
- Behaviour forms
- Safeguarding forms
- Medication permission slips

Please be aware if your child has an Epi pen it is your duty to ensure we have an in-date Epi pen. **Otherwise, your child will not be able to attend nursery.**

Please also note that if your child is unwell, they will be sent home.

Parent Ground Rules

As a parent:

- I will work in partnership with the nursery to help my child's development and welfare needs.
- I will remember to provide items needed for my child, to ensure they have a good day at the nursery
- I understand there is a late fee if I am late to collect my child.
- I will pay fees in advance (If applicable).
- My child may come home with paint, food, sand etc.... on their clothes this is a part of the learning progress.
- All medicines need to be handed into the office and a form must be completed. It is your responsibility to ensure the medicine is collected at the end of the day.

All children will be expected to go out to play and explore. No requests will be accepted to keep children in. if your child is not well then please keep them at home.

Please Remember - No shoes with shoelaces / no dummies / no food or medicine in your child's bag

Thank you

Reminder all fees are to be paid in advance at the beginning of the week or month depending on your payment plan.

For all children starting School in September 2024 – please ensure your child's immunisation programme is up to date.



Dates for your Diary

September

Term Starts - Monday 4th

Getting to know you weeks - 4th - 15th

Tot Bop

Monday 18th 10am

Monday 25th 10am

Trips to the park am and pm

October

Don't forget to apply for a school place

Tot Bop

Monday 2nd 10am

Monday 9th 10am

Monday 16th 10am

Monday 30th 2pm

Yoga- Daily

Navratri week 15th - 24th

Recycle week 16-22nd.

Poetry week 5th

Cultural Week – 23rd - 27th

(Throughout the week please dress your children in a cultural outfit) Staff will dressing up on the 18th

Halloween 31st October

Family breakfast - TBC

Trips to the Park AM and PM

Half Term Holiday for Grant Only Children –

Monday 23rd – Friday 27th October

We are on Instagram - please make sure you follow us...



I LIKE TO MOVE IT MOVE IT LET'S GET ACTIVE



Please provide spare clothes for your child. They may have accidents due to not asking for the toilet in time. If your child is toilet training, please ensure you take off their nappies before you take them into the room.



Healthy Tips:

1. Milk and still, unflavoured water are the only tooth-friendly drinks. All other drinks can contribute to tooth decay and tooth erosion.
2. Use family toothpaste which contains fluoride; this will help strengthen tooth enamel (the strong outer part of the tooth) to help prevent tooth decay.
3. After brushing teeth (you and your children) should avoid rinsing out with water or mouthwash – you will wash the fluoride in the toothpaste away! Just spit out the excess foam – job done!
4. Don't add sugar to drinks and food given to babies and children.





Moved home? Changed telephone numbers?

You must share this information with us!



Parent Messages from July 2023:

Dear Ladies, This is just a small token to you all, to say thank you for looking after my little xxx for the past year and a half. I know I could always relax at work because I knew xxx was safe, looked after and having lots of fun. He will miss you all very much...

Thanks for all the new ways you've helped me learn this year...

Thank you for being the best teachers ever! Will miss each and every one of you...

Thank you so much for being exceptional and great teachers. Me and my husband appreciate all the support you have given to xxx over the 2 years. The impact you have made in xxx development, encouragement, guidance will be carried forward into preschool. Thank you all from the bottom of our hearts.

Thank you for all your love, care and dedication that you put into teaching our child! We are very grateful to you...