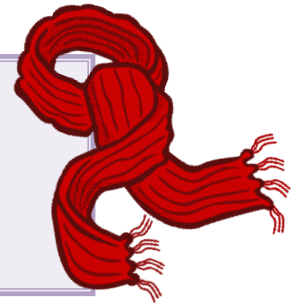


# TDDN Newsletter

## January 2023



### Happy New Year

Please ensure all your child's items of clothing are labelled. Lots of hats, scarves and gloves get misplaced at this time of year.

Please could you also ensure that all children (regardless of toileting abilities) have spare clothing. We charge for supplies such as nappies / wipes / socks etc.



Dear Parents,

Happy new year to everyone, we hope everyone had a lovely Christmas and new year, with lots of good food and some important family time. We were lucky enough to have Santa visit us and bring the children some lovely gifts. Thank you to everyone that came to see Santa and Jo jingles, it was lovely seeing you all.

There were a lot of bugs going around last term and parents not following our policy on health and safety. Please remember if your child is not well, they should not be attending nursery. If your child has a temperature parents will be telephoned to collect their child from nursery.

Welcome to all the new families joining us! Please ask questions if there is something you don't understand.

We will be happy to help!

Don't forget to apply for your children school place deadline is this January.



#### Healthy Tips

1. **Overusing a dummy can affect how a baby's teeth grow, as well as affecting their speech as they get older. Try to use it only when your baby needs soothing and look for other ways to give comfort.**
2. **Take your baby along to your own dentist appointment from 6 months old. This will get them used to the sights, sounds and smells and the dental team will provide you with preventative advice to project your baby's smile.**
3. **Before taking your child to the dentist, avoid using phrases such as 'be brave' or 'don't be scared' as this tells your child that there is something to be afraid of! Instead, talk about how the dentist is going to count their teeth and check that they are healthy.**
4. **To find an NHS dentist, please contact NHS 111 (by phone) or [www.nhs.uk](http://www.nhs.uk) (via website). Children have free dental treatment until they are 18 years old or 19 years if in full-time education.**

#### OFFER VITAMIN D SUPPLEMENTS



#### EVERYDAY

#### Calendar Dates

**Yoga – daily**

**Jo Jingles**

Tuesday 10<sup>th</sup> 2pm

Tuesday 17<sup>th</sup> 2pm

Tuesday 24<sup>th</sup> 2pm

**Sign and sign**

Wednesday 4<sup>th</sup> 10 am

Wednesday 11<sup>th</sup> 10 am

Wednesday 18<sup>th</sup> 10 am

Wednesday 25<sup>th</sup> 10 am

**Chinese New Year 22<sup>nd</sup> - Year of the Rabbit**

**National Story Telling Week 30<sup>th</sup> - Please encourage your children to share their favourite stories with us.**

## Mr David's Message

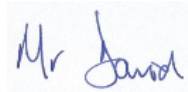
Dear Parents and Carers,

As usual, it was a very busy time at Nursery, in the lead up to the Christmas holidays and the New Year. Our staff, as ever, worked incredibly hard to fill the weeks with fun and learning, as well as some amazing and joyful experiences. I'd like to share my thanks to them for all their efforts, continued in spite of a very nasty 'bug' that was circulating amongst us all.

The new year looks to be filled with more activities and enjoyment. Please keep an eye out for our monthly newsletters, which will signpost these future events, as well as giving top advice and offering helping hands/guidance.

May I take this opportunity to wish you and your families a Very Happy New Year from all of the team here at Training Depot.

With Best Wishes,



January 2023

## Luton

### Public Health

#### Flu Vaccinations

Flu is currently circulating in our communities. Flu vaccines are the best way to protect our children from this infection. All children in school years reception to year 9 are now eligible to receive a flu vaccination. The nasal flu vaccine and the non-porcine containing injectable vaccine are available.

Schools will be visited again in January for a school based immunisation session or you can book your child's vaccine at one of our community clinics by calling 0300 790 0594.

We have two great courses coming up for parents and carers of children with Autism.

To book please call 01234 214871 or email [enquiries@autismbeds.org](mailto:enquiries@autismbeds.org)



The **Autism Bedfordshire Conference** is a week-long conference with exciting speakers each day. You can sign up to as many of the talks as you like and they are all **FREE**. Some sessions will be during the day and others will be in the evening. There are a range of topics and speakers, so you should find something of interest over the week. All the sessions will be delivered on Zoom. The conference is running from the **30<sup>th</sup> January until the 3<sup>rd</sup> February 2023**.

The sessions are only for parents and carers and NOT professionals.

#### **Autism and Behaviour Course:**

This will be running on **Saturday 29<sup>th</sup> April** from 10-1pm at the Rufus Centre in Flitwick. To book please call 01234 214871 or email [enquiries@autismbeds.org](mailto:enquiries@autismbeds.org). The course will be £15 for AB members and £20 for Non-members.