



TDDN Newsletter

July 2022



Please could you make sure that your child has a spare (named) change of clothes at Nursery, especially if your child is toilet training.

Thank you.



Please remember to apply your child's sun cream before they start their day at Nursery.

Safeguarding

Worried about your child accessing the Dark Web? Follow the link to find out more information.
<https://www.thinkuknow.co.uk/parents/articles/dark-web-explained/>

Healthy Tips

1. Did you know that the whole family, including babies, can use the same standard (non-whitening) toothpaste? It may be beneficial to get them used to the minty flavour early on.
2. A supermarket own-brand toothpaste is just as effective as a more expensive, branded toothpaste. Just remember to check the amount of fluoride in the toothpaste.
3. If your child does not like to brush their teeth, try doing a toothbrushing activity with them, such as drawing some teeth on paper and using an old toothbrush and shaving foam to brush them!

Dear Parents,

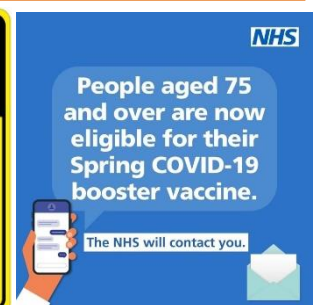
We are coming to the end of another academic year; we will be sad to see some of you leaving us! Please remember we are open throughout the year, so if you need a holiday club - give us a call. Please also email us a testimony about your experience with us, or write in our parent feedback book. We look to improve the service and welcome any feedback. The staff have been working hard to ensure that there is a smooth transition with the schools and information is shared so when your child starts school there is a smooth transition. We have had some visits from schools to observe the children and speak to the child's key worker. Chums are offering transition workshops if this is something that you are interested in please contact them for more information. <http://chums.uk.com/> We wish everyone a fun summer!

Monkeypox

You can also catch the virus from an infected person by touching their clothing, bedding or towels, coming into contact with skin blisters or scabs or if they cough or sneeze. Symptoms, which usually clear in a few weeks, include:

- a high temperature
- headache
- muscle aches
- backache
- swollen glands
- shivering (chills)
- exhaustion
- a rash - typically appears one to five days after the first symptoms, which begins on the face before spreading to other parts of the body.

I LIKE TO
MOVE IT
MOVE IT
LET'S GET
ACTIVE



Mr David's Message

Dear Parents,

As always, our July Newsletter contains a great deal of helpful information for parents and carers of children – some of whom may wish to become members of our TDDN Holiday Club throughout the Summer Holidays!

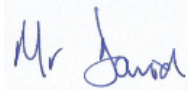
You will also find within information regarding moving on to School – please bring us your questions – see our article on Chums!

Also included, is some useful advise on the importance of looking after our teeth, and choosing the right toothpaste. We have added more suggestions describing the correct response to a suspected case of Monkey Pox, which may spread from a facial area across other parts of the body.

Finally, our Staff and Parents are all suffering from very careless parking all around the entrance to our very small driveway and front door. PLEASE help us and park with consideration.

Wishing everyone wonderful Summer Holidays,

Kindest regards,



July 2022

Dates for your Diary

Tot Bop - 2.00pm:

Tuesday 5th

Tuesday 12th

Jo Jingles - 1.20pm:

Thursday 7th July

Thursday 14th July

Sports week:

w/c 11th July

Last day of term:

Friday 22nd

Summer Holidays for Grant Only

Children begins:

Monday 19th

Jubilee Tea

Thank you to everyone that came. It was lovely to have such a good turnout and catch up! We were very touched by the amazing comments we received about our team and the hard work they do on a daily basis.



Luton Wellbeing Hub

Don't forget that the Old Post Office has now become the Luton Wellbeing Hub and now has the capacity to do health checks as well as vaccinations. From Tuesday to Saturday inclusive, please check www.blmkccg.nhs.uk/drop-in for times. This new one stop health centre has the option to take a free taxi-cab to and from this destination. To find out more about booking a taxi-cab to any vaccination centre including pharmacies, please visit www.luton.gov.uk/covid19-vaccines

Team Building

We had our team building day which was filled with joy and laughter. A number of staff were recognised for their 15 years' service with TDDN: Miss Nafisa, Miss Michelle and Miss Sandhya.

We also had gifts for all the other staff that work so hard throughout the year. A big thank you to our fabulous team!



Crying is completely normal. There are lots of different ways to soothe a crying baby - sometimes they will work, other times they won't, and this is ok. Crying is how a baby communicates with you and it's supposed to get your attention. Whilst it can be upsetting or distressing it's normal to feel like this.

Though babies cry a lot, you can expect crying to reach its peak when your baby is around 6-8 weeks old. This can be a challenging time

If you feel like you can't cope, it is ok to put your baby down in safe place (like their cot) and take a few minutes to calm yourself. Keep checking on the baby every few minutes until you feel calm enough to soothe them. Never ever shake your baby.

Always ask for help if you think you need it. There is a lot available, whether it is from family, friends, professionals or online resources. Focus on getting the right kind of support that will help you and remember... I.C.O.N cope.

ICON All Babies Cry - I.C.O.N cope! **NHS**

Coping With Crying

My personal ICON plan

- I** Infant crying is normal - babies cry, you can cope
- C** Comforting your baby with feeding, cuddles, talking, singing, walking
- O** OK - it's OK to walk away for a minute if you're stressed
- N** Never ever shake or hurt a baby