



TDDN Newsletter

May 2022



Half Term for Grant Only Children:

Monday 30th May – Friday 3rd June

Jo Jingles:

Thursday 5th May
Thursday 12th May
Thursday 19th May
Thursday 26th May

Tot Bop:

Tuesday 3rd May
Tuesday 10th May
Tuesday 17th May
Tuesday 24th May

Coronavirus (COVID-19) symptoms in children

Children and young people aged 18 and under can get coronavirus (COVID-19), but it's usually a mild illness and most get better in a few days.

Symptoms of COVID-19 can include:

- a high temperature or shivering (chills) – a high temperature means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick

The symptoms are very similar to symptoms of other illnesses, such as colds and flu.

Dear Parents,

We hope you enjoyed your Easter break and got to spend some quality time with your children. We have had a busy month with the chicks and the butterflies. The children have been very excited in helping to look after them both. Please ask your children what they did to help us with their care. There were a lot of learning opportunities created by having these 'visitors' stay with us. These are some of the learning areas we focused on:-

- Commenting and asking questions about aspects of our familiar world, such as the natural world.
- Talking about some of the things we have observed such as plants and animals.
- Developing an understanding of growth, decay and changes over time.
- Showing care.



We have also had a number of trips to the park and shops, which gave the children a chance to explore the local area. Some of our priorities were around teaching road safety - holding hands near the road, walking across and checking both ways for traffic as well as understanding how traffic lights work. Please continue with this learning at home. The children have also been busy baking - cooking samosa. We will also be having our Investors in People accreditation reviewed. We will keep you updated! Finally, please remember to share your child's WOW moments with us and continue to work alongside your child's key worker. This will ensure we are all working together to cater for your child's needs.

Mr David's Message

Dear Parents and Carers,

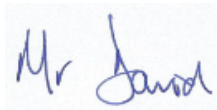
Welcome back to Training Depot Day Nursery, everyone. We expect you have enjoyed the much warmer summery weather we have been experiencing, but please remember to apply/provide sun cream for your child, as well as suitable clothing for time spent outdoors.

As we wish to promote health and well-being in your children, we will be planning many outside activities and exercises this term. The Summer is only just beginning!

This term, we have also welcomed some new Nursery Assistants, and wish that you will soon know one another.

Our monthly newsletter is regularly filled with lots of very helpful information for parents: including upcoming ideas for weekly and monthly lessons to share.

Kind Regards,



May 2022

How to support your multilingual child at home:

1. Keep speaking to your child in your home language, and model correct pronunciation, rather than correcting theirs.
2. Give your child extra time to respond to you. It can take a little longer to process a different language.
3. Please share any key words in your home language with us, if your child does not yet speak English. This will help us to support them at Nursery.

Starting School

Which school is your child going to?

How to support your child when they start school:

1. Visit the school
2. Attend open days or evenings
3. Take a look at their webpage
4. If you need advice, speak to the family worker, they will be more than happy to help
5. For more information, use the following link:
<https://www.flyingstartluton.com/preschool/parent-transition-resources/> This will help us to support them at Nursery.

OFFER VITAMIN D SUPPLEMENTS



EVERYDAY

Check It Out!

Did you know you can get free health tests at Luton Central Library, Lewsey Sports Park and Inspire Sports Village?

You can check your:

- blood pressure
- heart rate
- height, weight and BMI

You can access these FREE health checks with the SiSu Health Stations at either:

- [Inspire: Luton Sports Village](#)
- [Luton Central Library](#)

Keeping track of your progress is easy with your personal online Health Portal. Create your SiSu account or [log in here](#).

Active Luton is committed to helping the Luton Community take control of its health and wellbeing. If you identify as having high blood pressure, our trained health specialists at Inspire: Luton Sports Village and Luton Central library, we can signpost you to the right support.

TDDN Healthy Tips

1. Take your baby along to your own dentist appointment from 6 months old. This will get them used to the sights, sounds and smells and the dental team will provide you with preventative advice to project your baby's smile.
2. Before taking your child to the dentist, avoid using phrases such as 'be brave' or 'don't be scared' as this tells your child that there is something to be afraid of! Instead, talk about how the dentist is going to count their teeth and check that they are healthy.
3. To find an NHS dentist, please contact NHS 111 (by phone) or www.nhs.uk (via website). Children have free dental treatment until they are 18 years old or 19 years if in full-time education.