

GDDN February Newsletter



to all the new families that have joined us this term. Please talk to us about how your child is settling in. we look forward to any suggestions that may help them feel more at home. Please ensure you speak to your child's Key Worker for feedback on their day.

Please provide warm outdoor clothing (labelled) for your child/ren to wear in the winter months – we do take them out, whatever the weather!



Autism Bedfordshire

Our services exist to help break down the barriers to social participation for autistic children, young people and their families by providing places where they can go and feel comfortable, accepted and not judged by society. With the encouragement and support of specialist trained staff we help to build confidence, self-esteem, and social skills through taking part in social activities and mixing with others. Furthermore, we support the development of practical skills and independence in order to improve lives and help families feel part of their communities. Our aspirations are for autistic children and young people to have the same opportunities as those who are not on the spectrum and for them to enjoy fulfilled and rewarding lives.

Please could you also make sure that your child has a spare (named) change of clothes at Nursery, especially if your child is toilet training. Thank you.

Fizz Free February

The purpose of the Campaign is to get children and adults to give up all fizzy drinks during February in order to reduce their sugar intake, lose weight, save money and keep their teeth.

Tooth decay is the leading cause for hospitalisation among five to nine year olds in the UK, with 26,000 children being hospitalised each year due to tooth decay – in other words, 500 each week. Source: Action on Sugar.



Are you registered with a Dentist?

It is recognised that too many children have experienced tooth decay, a preventable disease, in early years. Families can take babies to the dentist from 6 months of age even if they have no teeth yet! Families will receive age-appropriate preventative advice to ensure healthy smiles are achieved for their child. It also helps babies and children become accustomed to visiting the dental team, from an early age.

It is also a good time for Mums to make the most of their free NHS dental visits as they receive free treatment up until their baby is a year old.

Please speak to us if you need more information.



to Anna for running the baby massage class. It was a really enjoyable opportunity. If you would like further information, please speak to our Office Staff who will be able to put you in contact with Anna.

Mr David's Message

Dear Parents and Carers,

It seems only a few days since sending you all our best wishes for the New Year/Decade and today I share a reminder about the upcoming half term – dates are given elsewhere.

It is heartwarming for me to mention how well all our new children are settling into Nursery, having just started in January. I do hope parents have found comfort, help and understanding from our Nursery staff whenever required. Pleasing for me to mention is that we are continuing to enrol new children, to fill the few places that remain available.

You will read in our Newsletter that we celebrated the Chinese New Year from the beginning of the month. Should any parents with a knowledge of Chinese heritage and culture, wish to help us and spend some time in the Nursery rooms, please mention you're happy to help to either a Key Worker, Room Leader, or Office Staff. Thank you. Our thoughts remain with so many people affected by the current virus in China, and hope to see many soon recovering.

Children continue to enjoy the music, poetry and singing, as well as playing musical instruments with our weekly guest – Jo Jingles. A Luton Library visit is also planned during February.

Two important requests I make this month:

1. Anyone using our nursery garage to store a buggy – PLEASE always collapse it!
2. NEVER carry any child up or down our staircase to Tigers Room upstairs.

Finally, several parents have enquired of Mr Dave, our Office Administrator, who left nursery at the beginning of January. Mr Dave and his wife are now acting as foster parents, having been asked to care for a young child. They have been a part of their family for 2 weeks now and are settling well, bringing 'mostly' joy to their home.

Mr David

February 2020

February Events:

Jo Jingles for Cubs and Tigers

Wednesday 5th February 10.30 - 11.30

Wednesday 12th February 10.30 - 11.30

Wednesday 26th February 10.30 - 11.30

Parents' Voice Group - Friday 7th February

(Meet other parents, an opportunity to discuss any challenges and make friends!)

Library Visit - Thursday 27th February 2pm

Half Term Holiday (Grant Only) Monday

17th - Friday 21st February

Please remember this represents holiday time for all Grant only children. For our parents who are fee paying, we remain open, paying normal fees. Should your child be a grant child and you would like them to attend for extra sessions during the half term, please speak to Miss Shahina or Miss Jamila about registering to pay for your child to attend extra sessions, during the holiday.

Parents' Voice Group
We are looking to start a parent support group. The first meeting will be held on the 7th February. Please speak to Miss Nargis or Miss Sandhya for more information.

In case of accidents – please do not carry your child up and down the stairs.



Family Food First Message:

5. MUNCH ON FRUIT AND VEGETABLES EVERYDAY
AIM FOR 5 SO YOU CAN THRIVE!



SAFEGUARDING - Documentation you will be expected to sign...

- TDDN Accident forms
- Home accident forms (We have to report any burns to MASH and seek advice)
- Behaviour book
- Safeguarding forms
- Medication permission slips

Every Mind Matters



Looking after your mental health

Having good mental health helps us relax more, achieve more and enjoy our lives more. There are simple things we can all do to look after our mental health and wellbeing – for more information please follow the link:- <https://www.nhs.uk/oneyou/every-mind-matters/>

Please add us as a friend on Facebook to keep up to date with topics, books and pictures...

<https://www.facebook.com/trainingdepot.daynursery.06>



Are your children coming home with paint on their clothes? Here's why...

	Develops hand-eye co-ordination	Physical Development	Builds fine-motor skills	
Teaches about sequencing and patterns		Improves body control, poise, balance and co-ordination		Explores colour, shape and texture in two and three dimensions
Mathematical Development	Offers opportunities for counting, measuring and sorting		Use of different media and material fosters imagination	Creative Development
Develops the concepts of size and shape	The Many Benefits of Messy Play			Focus on process over product enables individual interpretations
Encourages representational play and story-telling				Informal context encourages confidence in communicating
Knowledge and Understanding of The World	Enables risk-taking and experimenting in a safe environment		Provides exposure to a rich and varied vocabulary	Communication, Language and Literacy
Teaches cause and effect		Fosters children's natural curiosities		Provides opportunities for mark-making
	Encourages a positive attitude to new experiences	Personal, Social and Emotional Development	Builds independence through choice	

Helping your child settle at TDDN

Stay calm: even if you're tense on the inside at morning drop-off, try your best to appear relaxed. Your toddler can pick up on how you're feeling. So if you stay calm, they should follow suit.

Talk about nursery positively: chat about nursery as much as you can at home. Tell your toddler that they will be safe, that the children and staff all like them, and that they will have great fun while there.

Tell your toddler that you'll be back: you know you'll pick them up at home time, but that may not be obvious to them. Explain this in a way that they can understand, such as "I'll be back after story-time".

Keep goodbyes brief: when you arrive at nursery, make the drop-off loving but quick, help them hang their coat up and self-register. Find a member of staff, give your toddler a kiss and a hug goodbye, then leave. The briefer this exchange, the better.

FAMILY FOOD FIRST IS ON SOCIAL MEDIA! ARE YOU?



Facebook.com/FamilyFoodFirst1



Twitter.com/FamilyFoodFirst

Follow for recipes, advice & more

Family Food First works with education settings to inspire children and families to lead a healthier lifestyle.

Find out more on our webpage by typing the link below or scanning the QR code: bit.ly/FFFfirst



This Month's Policy Summary:

Fire Precautions/Fire Procedures Policy

The building and fire equipment are checked on a yearly basis by an external professional company.

All staff are to take note and follow the Fire Procedure given on the notices by the Fire Exits. All staff are to be aware of the location of all the Fire Exits.

Fire doors are to be kept closed. All Fire Exit routes are to be kept clear at all times.

On hearing the fire alarm, everyone is to vacate the building by the nearest Fire Exit as safely and quickly as possible. No one should stop for any personal belongings including coats or shoes.

Room Leaders or staff in charge of the room are to check their Nursery Room and toilets where possible to ensure all the children have been evacuated.

Fire evacuation practice is undertaken every 2 months, with the time of the drill and evacuation alternating between morning and afternoon. This ensures all staff and children have the opportunity to participate in a fire evacuation practice.



Has your child achieved something fantastic at home? Please use our **WOW** moments to share this with us. (Available on the Parents' board in the hallway).

We had great fun celebrating Chinese New Year! Did you spot our dragon? Why not come and look through our floor book to discover the other activities we carried out?



Messages from the Tigers and Cubs:

Cubs - please could all parents ensure that there is enough supplies for nappies and wipes.

Also, Please could all parents use our yellow nursery bags that we have provided your child with and to ensure that there are enough spare clothes inside.

Tigers - please could you bring your child into nursery with appropriate footwear (No shoelaces).

Please could all parents discourage their child from bringing in toys and money from home.

Please do not bring your child into nursery with hooped earrings due to health and safety.

Please ensure that your child's bag has enough supplies of spare clothes.

