

TDDN Newsletter

October 2019

To encourage your children to be independent...
PLEASE can you send them to Nursery in velcro shoes NOT laces.
Thank you.



PARENTS NEEDED
We are looking for parents who are happy to come in for 1/2 an hour to discuss their jobs with our children. Please speak to your child's Room Leader to let us know you would be happy to help.

Parents' Voice Group
Friday 4th 10.00 – 11.30
Parents' Voice Group was set up last year to help parents and carers make friends and openly discuss challenges they face on a day to day basis. Sometimes it's nice just to have cake and tea and have a chat about the weather. It's a group for you so why not come along and tell us what you would like from our group!



Staff News
Welcome - Miss Delia who is our new Manager, while Miss Salma is away on her maternity leave.
Staff of the Moment – Congratulations to Miss Michelle because she always carries tasks out with a smile.



CLOTHING - Please could you make sure that your child has a spare (named) change of clothes at Nursery. And please, NO hooped earrings.
Thank you.



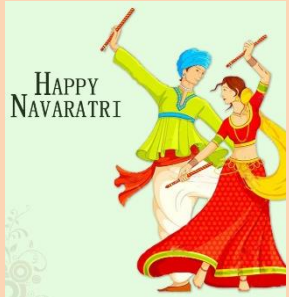
Applying for school? Need help? Please speak to us if you are unsure. For information about getting your child school ready. Follow this link - <https://www.flyingstartluton.com/transition/parent-transition-resources/>

Have we got your correct details? Please keep us up to date with any address/email or phone number changes.

No Mobile Phones
Mobile phones are not permitted to be switched on in the Nursery due to Safeguarding requirements.



Hope everyone celebrating has their dancing sticks ready!



Sepsis Signs and Symptoms

Early recognition of the signs and symptoms of sepsis is vital in saving lives as it increases the chance that the sepsis can be treated. Some of the things to look out for include:

- S**lurred speech or confusion
- E**xreme shivering or muscle pain/fever
- P**assing no urine all day
- S**evere breathlessness
- I**t feels like you're going to die
- S**kin mottled or discoloured

Symptoms of sepsis

These symptoms might indicate sepsis



S Slurred speech or confusion



E Extreme shivering or muscle pain/fever



P Passing no urine all day



S Severe breathlessness



I It feels like you're going to die



S Skin mottled or discoloured

Simple, fun activities for kids, from new-born to five

Many little things light up hungry little minds. Kids take everything in, and even the smallest things you do with them can make a big difference.

They love it when you chat, play and read with them, even when they're too young to understand everything. Whatever the time and wherever you are, you can turn almost anything into a game.

And every little thing you do together will help set them up nicely for the day they start school.

For more information follow the link below: -

https://hungrylittleminds.campaign.gov.uk/?utm_source=Facebook&utm_medium=carousel&utm_campaign=hungry%20little%20minds&utm_content=spaceship

Our five to thrive champions are: -

Miss Sandhya, Mr Laxman and Miss Majeda if you need more information.

The approach

Central to the **five to thrive** approach is the set of five key activities:

Respond ▪ **Cuddle** ▪ **Relax** ▪ **Play** ▪ **Talk**

These are our 'building blocks for a healthy brain'. They are drawn from research into the key processes of attachment and attunement that forge bonds between young children and their carers. Crucially, they are designed to support positive feedback processes, enabling practitioners to observe and reinforce positive interaction between parents and their children.

Your Child's Baseline

You child's room-based Deputy Managers should be calling you in, to complete the second part of the baselines. Please ensure you ask any questions about the curriculum. You will also be asked to complete a questionnaire about your and your child's experience of starting nursery with us. Please be honest when giving us feedback to help improve the high-quality service we already offer.

Cubs children that have transitioned into the Tigers Room, have settled in well and already enjoying the different activities we have. Please complete the transition questionnaire when you are approached. This will help us to reflect on our transition process.

Please remember all children need to be collected by 6. If you would like an in-depth handover, please come 10 minutes earlier. Or book an appointment to speak to your child's Key Worker.



**I LIKE TO
MOVE IT
MOVE IT
LET'S GET
ACTIVE**



Mr David's Message

Dear Parents,

All our staff are truly hoping your children have very easily and gently settled into nursery after the long summer holidays for many of them.


We can all be thankful, much of the distress and most of the tears seen from separation of children, returning or starting nursery after leaving the company of family – is now more of a memory than a continuing difficulty. As often told, our caring staff, several with great experience at these always difficult times, have again shown care, consistency and confidence in making certain the pain and upset are kept to a minimum. I am certain you will join me in thanking them for their care help and advice.

Should you be sharing this good news with family or friends, please also appreciate we do still have a few of places available in both nursery rooms.

Please take a moment to look through this month's newsletter, you will find a tremendous amount of helpful information explaining the very many activities which are arranged and planned for October, with this information – we do encourage you to talk with your children whether they are downstairs in Cubs or older and with Tigers.

Throughout the month, visits will continue to our nearby Parks (Moor & Wardown) as well as the Residential Care Home at St Anne's with our nursery garden. Please, Parents – also look out for Parent Voice on Friday Oct 4th here at Nursery – details elsewhere. Greatly appreciated by parents attending.

Kind regards



October 2019

Dates for your Diary

Active Luton for Tigers

Thursday 3rd - 10.45 - 11.45am

Thursday 10th - 10.45 - 11.45am

Thursday 17th - 10.45 - 11.45am

Parents' Voice Group Friday 4th -10.00 - 11.30am

(Meet other parents, an opportunity to discuss any challenges, make friends)

Cultural Week - Monday 7th - Friday 11th October

Autumn Walk - Tuesday 8th October 10am and 2pm

Family Breakfast - Monday 14th October - 8.30 - 9.30am

Library Visit - Wednesday 16th October - 10am

Diwali - Monday 28th October

Half Term Holiday for Grant Only Children - Monday 21st - Friday 25th October

#freetofeed

#freetofeed is a campaign that has recently been launched in Luton and Bedfordshire.

Campaign summary

- The campaign aims to raise public awareness in Luton and Bedfordshire that it is okay to breastfeed in public.
- For a range of reasons, the act of breastfeeding in public is seen by some as taboo. The campaign looks to help mothers feel confident and comfortable to breastfeed in public.
- Also the campaign supports businesses and local services to understand the benefits of breastfeeding and provide an environment that makes mothers feel welcome to breastfeed.

We would love to see how you will be involved in this campaign. It would be great if you could take photos and send them to us. We would like to put it on our twitter and Facebook page. The organisers of the campaign have prepared a useful campaign activity pack which includes campaign stickers that can be put on the doors and windows of your early years setting. Please find the document attached. For your own posting, use the #freetofeed hashtag and include the @FamilyFoodFirst twitter handle. For more information please visit <http://www.cambscommunityservices.nhs.uk/freetofeed>

Healthy Pregnancy Programme

The Healthy Pregnancy Programme (previously known as Pregnancy Plus) is now a universal programme and can be offered to ALL women wanting support with eating well and keeping active during pregnancy to manage a healthy weight gain. The programme offers free healthy lifestyle sessions and includes a gentle pregnancy appropriate activity session each week.

The programme is available weekly to all pregnant women living in Luton for the duration of their pregnancy.

Total Wellbeing offer programmes to support Maternal Healthy Lifestyles including healthy eating, physical activity and smoking cessation. Women can call or text the team on 07850 938840. For more information visit: <https://www.totalwellbeingluton.org/managing-your-weight/healthy-lifestyles-during-pregnancy.html>



We were so happy to be sent a picture of Ifrah with a runner bean she had grown. We had planted it together at nursery and it was taken home – well done for taking such good care of it!

Policies

Listed below is just a few of our policies that you can view via our website...

www.trainingdepot.co.uk

Please do take the time to have a look.

- 30 Hours Offer 2019
- Accident Policy Jan 2019
- Admissions Criteria Jan 2019
- Answers on Policies 2019
- Attendance Policy Jan 2019
- Behaviour Management Policy Jan 2019
- Bereavement Policy 2019