

Please ensure your child's items of clothing are labelled and appropriate for the cold/wet





Please could you also ensure that all children come to Nursery in shoes that fasten with Velcro to enable them to take them off and put them on themselves.

Cultural Week 7th October

Thank you to all the parents that bought in food, the children really enjoyed the food and discussing with our team the textures, colours and taste. It was so lovely to see so many children and staff dressed in their traditional clothes.

In case of an emergency evacuation do you know where our meeting point is?

It is at the VETS across the road.

The Parenting Puzzle

The Parenting Puzzle four week programme supports parents of babies and young children with a focus on the importance of attachment, empathy, positive discipline, play and communication. The course explores the following topics over four 2 hour group sessions:-

- Understanding your children's behaviour
- Listening and how babies and children communicate
- Praise, encouragement and guidance
- Power of play
- Positive moments
- Boundaries and parenting styles
- Looking after ourselves as parents

Please speak to Miss Sandhya for more information.

Activities in NovemberSing and Sign for Cubs and Tigers

Wednesday 6th - 10.30 - 11.30 am Wednesday 13th - 10.30 - 11.30 am Wednesday 20th - 2.00 - 3.00 pm Wednesday 27th - 2.00 - 3.00 pm

Monday 11th Parents evening 6 – 7pm

Parents Evening is on the 11th, starting 6.00 to 7.00p.m. We will be making appointments closer to the time. We would love to have you attend so we can share your child's successes and areas to focus on. Please don't forget to speak to work if you need time off.

Messages from the Tigers and Cubs Staff:

- Please dress the children appropriately with the weather getting colder.
- Do label coats and hats with your child's name.
- If you are bringing medication or creams into nursery for your child, please hand them into the office. Do **not** leave them in bags in the corridor.
- When dropping your children off, please arrive at the correct time. If you arrive early, you'll be asked to wait.
- You are encouraged to book an appointment with your child's key worker, to
 discuss progress prior to collection of your child. We will be unable to chat after
 6pm, as this is when the nursery closes and staff leave site.

Mr David's Message

Dear Parents and Carers,

Despite being a slightly longer Autumn term this year – we are already past half term... We have been delighted to receive some very welcome visitors who attended – before moving to Reception at Primary School. Staff all enjoyed our 'reunion' and finding out much about 'being at school' from everyone. We do offer our Holiday Scheme at Christmas too!

This mentioned, Parents, please be very aware NOW is the season for making application to local schools of your choice for those children who are expecting to move to school in September 2020. It might seem ages away – it is not! Please enquire at our nursery office should help be needed.

Our November calendar of activities, themes and opportunities are mentioned in our Newsletter – please make time to follow our plans. Events this month include celebrating Diwali, Bonfire around November 5th (taking special care)! At Nursery, we have Sing and Sign all month – please practice at home with your children to encourage learning. Baseline evaluations and discussions for your children are very important for us all – your help to complete these is greatly appreciated.

Finally, parents and carers – do always remove your children's completed work, from their individual folders on the corridor for Cubs and landing for Tigers. Please celebrate their achievements by taking drawings, pictures and other work home for display.

Best wishes

Mr Janos

November 2019

Team Building 5th October

We spent the morning competing some activities to understand how communication works, as well as discussing how we can improve the service we offer to you and your family.

We had a dragons den activity, you can speak to Miss Naf to find out why her team won.



Sugar Awareness Week 12th November

Find out more about sugar in your childrens

food: https://www.nhs.uk/change4life/food-facts or download the change4life food scanner app to scan barcodes on packaged foods to see how much sugar, fat and salt is in foods and drinks.

Please Note: Failure to pay your child's fees may result in their place being offered to someone else.

A late fee is charged should you be late to collect your child.

Congratulations!

We are sure you will share our congratulations and best wishes to Miss Salma – she gave birth to a little girl.

Please add us as a friend on Facebook to keep up to date with topics, books and pictures...

https://www.facebook.com/trainingdepot. daynursery.06



Have you applied for the 30 hours?

If you would like to know more, please speak to Mr Dave.



Tooth brushing tips for babies

- Use a tiny smear of toothpaste for babies and toddlers up to 3 years old, and a pea-sized amount for children aged 3 to 6 years.
- Gradually start brushing your child's teeth more thoroughly, covering all the surfaces of the teeth. Do it at least twice a day: just before bed and at another time that fits in with your routine.
- Not all children like having their teeth brushed, so you may have to keep trying. Make it into a game, or brush your own teeth at the same time and then help your child finish their own.
- The easiest way to brush a baby's teeth is to sit them on your knee, with their head resting against your chest. With an older child, stand behind them and tilt their head backwards.
- Brush the teeth in small circles, covering all the surfaces, and encourage your child to spit the toothpaste out afterwards. There's no need to rinse with water, as this will wash away the fluoride.
- Supervise brushing to make sure your child gets the right amount of toothpaste and they're not eating or licking toothpaste from the tube.
- Carry on helping your child brush their teeth until you're sure they can do it well enough themselves. This will normally be until they're at least 7.

We are helping our children to learn how to brush their teeth. Miss Asifa is our tooth brushing coordinator, if you have any questions please speak to her.

VITAMIN A, C, D FOR A HEALTHY START EVERYDAY



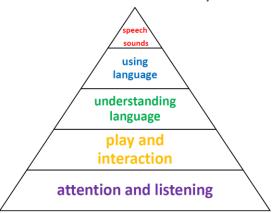
Communication Ambassadors

Miss Sandhya and Miss Shanique attended the 'Ican' training, in which they became 'Ican' ambassadors. If you are worried about your child's speech or their communication please speak to them for more information.

For the different stages of speech for children access the following link https://ican.org.uk/i-cans-talking-

The Communication Pyramid

point/parents/ages-and-stages/



This Month's Policy: Privacy Policy

The Training Depot Nursery respects your privacy and is committed to protecting your personal data.

We will only use your and your child's personal data when the law allows us to.

Our Privacy Policy will inform you as to how we look after your personal data and tell you about your privacy rights and how the law protects you. Please take the time to read our policy – it is available on our website:

www.trainingdepot.co.uk