

# TDDN Newsletter May 2019



Nursery Closed: Monday 6th and Monday 27<sup>th</sup> – Bank Holidays Half Term for Grant Only Children – Monday 27<sup>th</sup> – Friday 31<sup>st</sup> May Jo Jingles for Cubs and Tigers Tuesday 30<sup>th</sup> April – 2 – 3pm Tuesday 7<sup>th</sup> – 2 – 3pm Tuesday 14<sup>th</sup> – 2 – 3pm Tuesday 21<sup>st</sup> – 2 – 3pm Library Visit – Wednesday 15<sup>th</sup> May – 10am Visit to the dentists – Date TBC Oral hygiene resources – 9<sup>th</sup>-23<sup>rd</sup> May Parent's seed planting – Date TBC

Parents' Meet and Greet Group – 29<sup>th</sup> March Mehreen told us all about Ican Charity and the resources available, thank you Mehreen. I have attached a link for anyone wanting to purchase or download anything.

#### https://www.icancharity.org.uk/shop

Miss Shanique also shared with us how we run our Lift off to language groups. If you have any questions about this please speak to me or Miss Shanique.

We also had some interesting discussions:

- Transition to school, and if parents should defer or not,
- Drawing boundaries when other family members are helping with your childcare
- We touched upon Domestic Violence
- Mental health in children and adults, (This will be a main topic in our next meeting)
- Living with extended families and helping grandparents to understand how you set your boundaries with your children, (This will be a main topic in our next meeting).

We would also like to give our parent's group a name, We also had a few name suggestions:

- Training parents
- Training wheels
- Parent awareness
- A voice for the parents
- Training wheels for parents

If you have any more ideas, please let me know. Miss Sandhya We hope you managed to meet our chicks and butterflies. There was a lot of learning opportunities created. These are

some of the learning goals we focused on:-

- Commenting and asking questions about aspects of our familiar world such as the place where we live or the natural world.
- Talking about some of the things we have observed such as plants, animals, natural and found objects.
- Developing an understanding of growth, decay and changes over time.
- Showing care and concern for living things and the environment.

This years' Child Safety Week runs from Monday 3<sup>rd</sup> June to Sunday 9<sup>th</sup> June 2019. The theme is **Family life today: where's the risk?** It highlights the new dangers facing families today from our modern lifestyles and offers simple solutions to keep children safe.

Family life today is more complex than it's ever been and often the very things that help make life more convenient bring new risks.

New dangers in the home include things like button batteries that can kill when swallowed, child appealing washing capsules that can poison or nappy sacks stored under cot mattresses that can suffocate babies.

Dangers when out and about include distraction from devices when we're driving or walking near busy roads, the coffee culture trend that sees young children at risk from hot drink scalds in busy coffee shops and the loss of pedestrian

#### n Interesting Course..

The Preschool Incredible Years Basic Parenting Programme® strengthens parent-child interactions in families with children aged 3 to 8 years who are experiencing early onset behaviour problems

Thursdays 10am to 12 noon - starting in September 2019 Taking bookings now

Please add us as a friend on Facebook to keep up to date with topics, books and pictures...



## **Mr David's Message**

Dear Parents and Carers

Our final term of this academic year is now happily underway and we are running through towards the end of July with the half term break happening in the last week of this month –May!

Warning – as well as half term, please do look out for the two Bank Holidays as well.

As we both play and work more often outside now, please be sure to consider suitable clothing for both messy play (with several gardening projects taking place) and lots of sunshine – it could be very warm! Planting seeds and preparing soil for planting small seedlings is a part of our upcoming activities. We do look out for Dads and Grandads as well as Mums to help us when teaching children about growing vegetables and flowers. Please expect an invitation. Children can be a little confused for a short while by a parent staying and helping however, with encouragement – they quickly adapt.

Please look out for times and dates for our nursery visit to the Dentists, this month. Information is given elsewhere and can also be collected from our Office.

Finally, some good news we wish to share. In April, we received one of the Ofsted regular calls all nurseries up and down the country, expect. I am delighted to share our happy news, we have once more retained, our long standing accreditation with Ofsted as a 'Good' setting with some great comments included. These describe the progress being achieved by children together with a summary of the standards of teaching which we are very proud to continue to provide.

Might I also offer our warm thanks to all those of our parents who met the Inspector during her visit. Your generous comments are also reflected in the report, now received. Thank You! Should any parent wish to receive and read the report, please ask at our Office as copies are being

made available for all parents.

Kindest regards,

Mr Janol

May 2019

#### Messages from the Tigers and Cubs:

 Please ensure that all clothes and bags are clearly labelled with your child's name.

Also, we would like to say a BIG THANK YOU to those who attended our charity event.

#### Teeth!

Mr Dave will be organising the trip to the dentist in May. If your child is not registered, please speak to Mr Dave about more information. We will be sharing dentist resources in the Tigers room, why not pop into the Tigers to have a look and ask your children how they have enjoyed playing with them.

Please talk to us about which school your child is moving onto, so we can share our data with your child's school. These are a few recommendations to make the transition easier:

- Visit the school
- Attend open days and evening.

• Have a look at the webpages of the school to give you more insight into the schools' policies and ethos. If you need advice speak to the family worker, they will be more than happy to help. For more information go on to the log onto the following link:

https://www.flyingstartluton.com/transition/parent-transition- resources/

Parents evening was a great success. Thank you for taking the time to complete the questionnaires.

Here are some of the comments: -

- Happy with Child R's personal goals, she is very happy and looks forward to coming to nursery
- As a parent I'm very grateful for how they are with my son. He is learning loads and I' am very happy with the progress I see
- Very clear and straight forward. Diary is very detailed and excellent
- We are very happy
- Everything went well and happy with everything
- My daughter loves it here so I can't think of anything to improve on
- Everything good, maybe need a little more time to discuss child progression.
- Excellent chance to take the time and discuss- Thank you!
- We are really happy with everyone. Thanks for helping my child
- Great evening. Can be improved by making it less noisy. Maybe holding at a different session
- I am happy to see my child is improving in some areas, and I will also practise at home with him to improve his learning.

If you would like to book another meeting please speak to your child's key worker.

The charity event at Blenheim Crescent Church 6<sup>th</sup> April

Thank you to everyone that came and supported us, the turnout was more than we had wished for. We are planning on hold the last event in July so keep your eyes open!

As apart of raising money for Keech hospice we looking to climb Snowdon! We have been going out every weekend training.

We have an amazing time talking and laughing with great humour. Mr Laxman and Miss Shanique are great navigators keeping us on the right path. The feedback from the walks has been great, the team hope to keep the fitness level going due to the impact it is having on their well-being. Lisa from FFF has been soooooooo impressed that she included us in their FFF magazine.

If you would like to support us please make a donation on the following link:-<u>http://justgiving.com/fundraising/snowdentrek2019</u>

### The Parenting Puzzle

The Parenting Puzzle four week programme supports parents of babies and young children with a focus on the importance of attachment, empathy, positive discipline, play and communication. It is a new course for Luton families and will be offered in Luton community venues starting in September and November 2018. The course explores the following topics over four 2 hour group sessions:-

- Understanding your children's behaviour
- Listening and how babies and children communicate
- Praise, encouragement and guidance
- Power of play
- Positive moments
- Boundaries and parenting styles
- Looking after ourselves as parents
- Dealing with stress and conflict

For more information please contact the parenting coordinator on <u>01582 548336</u> or email <u>flyingstartparenting@luton.gov.uk</u>

## Policy Summary – Nutrition Policy

The Nursery provides all food, snacks and drinks. All menus have been approved by the Family Food First team and meet the criteria for nutrition and variety. Any dietary needs, either for allergies or culture, will be met by the Nursery. The Nursery provides breakfast, a cooked lunch and dessert and two nutritious snacks per day.

Children are encouraged to try all on their plate, but are never forced. Children in the Cubs room have a daily food diary for parents to read. Children in the Tigers room have a main room diary where information is logged and passed on to the parents. Children may eat at their own pace.

Children who are fussy eaters will be encouraged to eat the snacks and meals provided by the Nursery. Parents will also be asked to work in partnership to implement strategies encouraging their child to eat both in the setting and at home. Children will not be made to feel different from others and the same amount of encouragement is given to all children during mealtimes to try the different foods that have been served, without causing embarrassment or stress to individual children.

Further information from our Nutrition Policy is available on our website: <u>www.trainingdepot.co.uk</u>