

### TDDN Newsletter / October 2017

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### Please could we ask the following:

Please provide clothing, nappies and wipes for your child.

Do not leave your child in the hallway in the Tigers room, please ensure that you bring them into the room. Also if your children start earlier than 8am do not leave them upstairs on their own, you must bring them downstairs where they will have their breakfast.

As the colder months are approaching, rain coats will not be sufficient to keep your child warm. We do go outside regularly so please ensure they are dressed for the weather.

Please can your child wear Velcro fastening shoes – this allows for more independence. Please keep your child's nails trimmed.

Please DO NOT attempt to carry your child on the stairs.

### Staff of the Term:

Miss Nafeesa

- Achievement in a weak area (personal goals from appraisals)
- > Team player
- Enthusiastic
- Good working practice with parents and children
- Volunteering
- Strong work ethic
- Positive attitude

If you would like to nominate a member of our team, please email Miss Sandhya on misssandhya@trainingdepot.co.uk

chat about the 'WOW' moments you can share.

Don't forget to speak to your child's key worker,

### **Celebrations**

Please note that due to our commitment to promote healthy lifestyles we cannot give out sweets, biscuits, cake and sugary drinks to celebrate birthdays. Below are alternative treat you may like to provide:

- Stickers
- Bags of fruit grapes, pineapple etc.
- Pencils or other stationary items
- Bags of plain popcorn

### NO BIRTHDAY CAKE PLEASE

### Childhood Influenza Immunisation Programme

This coming winter, all children aged two and three can get the vaccine at their general practice. Previously children aged four, were offered the vaccine at their GP surgery, but this year these children will be offered the vaccine at school.

Please add us as a friend on Facebook to keep up to date with topics, books and pictures...

https://www.facebook.com/trainingdepot.daynursery.06

### Toilet Training

Children returning after the summer and being transitioned into the tigers will take time to adjust to their new environment. Please be patient, children will have accidents, this is all a part of the learning process.

Please Note: Failure to pay your child's fees may result in their place being offered to someone else.

### **Mr David's Message**

Dear Parents,

Please always try and read our monthly newsletter – filled with our activities and plans for the coming month which will have your children at the centre and help you to be informed, able to join us and/or them for certain events.

We all very much hope our new starters in September term are settling in well. There is an evening planned for parents invited to attend to ask questions as well learn about the care and teaching which is taking place. Students returning to College and University are currently also enrolling children, you are most welcome - please ask should you have any questions.

A request to all parents to ALWAYS update our office with any telephone number, e-mail address or home address changes – PLEASE. There can be urgent reasons we need to contact you.

October looks very interesting - elsewhere you will read we are celebrating Diwali, starting our cultural week, expecting our nursery photographer – for every child regardless of day sessions – taking an Autumn Walk and parents are also invited to an early morning family breakfast.

Please keep a copy of this newsletter, watch our noticeboards in the corridors/stairs and outside our front door.

For those of our parents affected, please accept our apologies for a poor service currently offered with statements of your accounts and delays updating our financial records – we have suffered throughout September with failed accounting software and believe Sage will honour their assurances we should have the problem corrected this week.

Finally, Training Depot will remain open as usual throughout the half term holiday, starting Monday October 23<sup>rd</sup> for fee paying parents only. Grant children will receive a half term holiday and return to nursery Monday October 30<sup>th</sup>.

Best wishes,

October 2017

### Mr Janos

### **Dates for your Diary**

Active Luton for Cubs and Tigers - Monday  $2^{nd}$ ,  $9^{th}$ ,  $16^{th}$  - 2.00 - 3.00 pm

Photographer - Date and Time TBC

Diwali - Thursday 19th October

Autumn Walk - Thursday 12th October 10am and 2pm

Library Visit - Wednesday 18th October - 10am

Cultural Week - Monday 16th - Friday 20th

Family Breakfast - Friday 20<sup>th</sup> October - 8.30 - 9.30 am

Half Term Holiday for Grant Only Children – Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> October 2017

### **Summary of Nutrition Policy**

(Full version available on our website www.trainingdepot.co.uk)

- All our menus are approved by Family Food First for nutritional value.
- Our meals are cooked by a health and hygiene certified person.
- We cater for all dietary needs.
- Children are encouraged to try all foods offered on their plate, but never forced.
- Dessert is always served, unless otherwise expressed by parents.
- Staff sit with the children at all mealtimes and good table manners are taught.
- Cooking and food preparation are included in the curriculum.
- Only milk and water are offered, water is available throughout the day.
- Sweet foods are limited to lunch time dessert only and generally consist of fruit and full fat milk.
- Cakes or sweet treats will NOT be accepted into the Nursery, alternatives for celebrations are displayed on Parents Information boards.
- Children wash their hands before and after every meal and after using the toilet.
- Breast feeding is encouraged and we can provide a private area for those wishing to breastfeed. We are also able to store breast milk.
- Children have at least one hour of physical exercise during their session at Nursery.
- Children are encouraged not to use bottles and / or dummies, but an open top cup.

# Fruit and vegetables Bread, other cereals and potatoes Puffer When Poods containing fat Foods and drinks containing sugar Bread, other cereals and potatoes Milk and dairy foods

There are five main groups of valuable foods