



TDDN Newsletter

April 2017



Please provide warm and waterproof outdoor clothing (labelled) for your child/ren to wear in the spring months - we do take them out, whatever the weather!

We are always keen to welcome parents in to the Nursery to share information about their jobs. If you are a nurse, firefighter, paramedic, doctor... we would love to hear from you. Please see Miss Melissa in the Office if you can help.

Health and Safety Notices

- We must ask you NOT to carry children on the stairs for risk of falling etc.
- Children must only wear stud earrings to Nursery.

Please could you also make sure that your child has a spare (named) change of clothes at Nursery, especially if your child is toilet training.



Thank you.

Please could we ask you to restrict the time children are spending on tablets and watching television, as this can have serious effects on their development.

Thank You

We are still noticing many children who are 3 or 4 years old using buggies and dummies. Children of this age need to walk for regular exercise and their physical development. Use of dummies does not encourage good teeth development or speech. Please talk to a member of staff if you require further advice.

Please add us as a friend on Facebook to keep up to date with topics, books and pictures...

<https://www.facebook.com/trainingdepot.daynursery.06>



If you would like to celebrate your child's birthday in Nursery - please no cakes, sweets or biscuits. Healthy options only.



**RED
NOSE
DAY**

A BIG THANK YOU to all the parents who donated towards Comic Relief on Red Nose Day. We raised £55.22 in total!

No Mobile Phones

Mobile phones are not permitted to be switched on in the Nursery due to Safeguarding requirements.



If you would like to know more about keeping your child safe online, please visit the following websites:

www.thinkuknow.co.uk

www.saferinternet.org.uk

2 year olds may get messy at mealtimes as they do not wear bibs. Please remember to dress your children in clothes that you do not mind getting dirty.



Mr David's Message

Dear Parents

Our New Term has started and we welcome all those recently joining us, we say hello to several new children both for Cubs and Tigers.

We are looking forward to a very busy Summer Term right through to July 21st with a break at the half term - end of May including a Bank Holiday.

Parents, please make a note - our Parents evening is Monday April 24th up until 7.30pm with appointments available in both Cubs and Tigers. All are expected to attend, we look forward to sharing your children's recent progress at nursery, with each of you.

Our Annual Away Day Trip will be to Whipsnade Zoo, this year, Friday May 19th. Please look out for more details – Training Depot Day Nursery will be closed through the day we are at Whipsnade – we do hope all our children will be able to accompany us. We will be taking all our staff with us so even the babies will be properly looked after. We will prepare all refreshments sandwiches, fruit and drinks.

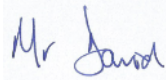
Jo Jingles is returning each week and we welcome Charlotte with her choice of children's music, instruments and rhymes. Throughout April we will be busy planting in our garden at St Ann's Lansdowne Road. Any parent wishing to join the teams who walk to the garden would be most welcome by assisting. Please ask at the Office

REMINDER. Please **always** advise our office whenever you either change your home address OR e-mail address OR telephone – mobile or otherwise. Extremely important! THANK YOU.

Please do keep up to date with much of what we do in nursery through our very own Facebook page.

Every good wish

April 2017



30 Hours Funding

Did you know that you may be entitled to 30 hours free childcare from September? Criteria includes:

- Your child has to be 3 or 4 years old.
- Both parents must be working or the sole parent must be working in a lone parent family.
- Each parent earns, on average, a weekly minimum equivalent to 16 hours at National Minimum Wage. (For a parent aged 21-24 this would be approximately £111.20 per week. For a parent aged 25+ would be approximately £115.20 per week).
- Each parent must have an annual income less than £100,000.00.

You will be able to apply for the 30 hour scheme through a joint online application. The 30 hours can be particularly advantageous to those parents who struggle to find childcare over the holidays, as the hours can be spread over the year. Please see DfE website for more information.

We will keep you up-to-date with any further information about applying online.

Policy Updates

This month we would like to draw your attention to 2 updated policies on our website – our Nutrition Policy and Health and Safety Policy. Below are the highlights of the policies:

Nutrition Policy

- All our menus are approved by Family Food First for nutritional value.
- Our meals are cooked by a health and hygiene certified person.
- We cater for all dietary needs.
- Children are encouraged to try all foods offered on their plate, but never forced.
- Dessert is always served, unless otherwise expressed by parents.
- Staff sit with the children at all mealtimes and good table manners are taught.
- Cooking and food preparation are included in the curriculum.
- Only milk and water are offered, water is available throughout the day.
- Sweet foods are limited to lunch time dessert only and generally consist of fruit and full fat milk.
- Cakes or sweet treats will NOT be accepted into the Nursery, alternatives for celebrations are displayed on Parents Information boards.
- Children wash their hands before and after every meal and after using the toilet.
- Breast feeding is encouraged and we can provide a private area for those wishing to breastfeed. We are also able to store breast milk.
- Children have at least one hour of physical exercise during their session at Nursery.
- Children are encouraged not to use bottles and / or dummies, but an open top cup.

Health and Safety Policy

- Parents must notify staff if their child is ill
- The person in charge of the Nursery will send home a child if they are suffering from sickness, diarrhoea or a communicable disease e.g. head lice, chickenpox, ringworm etc.
- The Nursery will telephone parents to ask to administer liquid paracetamol (calpol) if their child has a temperature, parents will then be asked to sign the medicine form on collection of their child.
- The Nursery has a minimum exclusion period of 48 hours for any child who has a stomach upset, sickness or diarrhoea.
- Children who have head lice and / or head lice eggs are not allowed into Nursery until the lice and / or eggs have been eradicated.
- The Nursery has an exclusion period of 5 days minimum for children who have chickenpox.
- Medicines can be administered at Nursery, if they are in their original container/box with the expiry date on and if they do not contain aspirin. Parents will have to complete a Medication Authorisation Form before medication can be administered by nursery staff. This also applies to all creams that are not nappy rash cream or sun cream.
- Parents of children who have longer term medication such as inhalers or epi-pens will need to complete a Long Term Illness form.