



# Cubs Newsletter

## January 2016



# HAPPY NEW YEAR

To encourage your children to be independent...

Please can we ask you to ensure that children wear sturdy, sensible shoes that they can take off and do up by themselves - no laces or boots please. This encourages independence and readiness for school.

Thank you.

Also, please encourage your child to do up and take off their own coats, hats and gloves - mittens work well for this!



A big **THANK YOU** to all the parents who attended Tigers' Christmas Concert and Cubs' Christmas Sing-a-long. The children were wonderful and performed brilliantly to such good audiences!

Training Depot Day Nursery endeavours to stay open during snow days. If there is heavy snow and your child is not going to be in, please do telephone the Nursery as soon as possible.



Please could you make sure that your child has a spare (named) change of clothes at Nursery.

Thank you.



### Chatterbox Challenge

During the week commencing Monday 1<sup>st</sup> February, children in Cubs and Tigers will be taking part in the 'Chatterbox Challenge'. This is an event to encourage speaking and listening that also raises money for the charity 'I CAN' which supports children with communication difficulties. The children will be learning songs and singing them together to raise as much awareness and money as possible. We will be presenting the Songs and Rhymes to the parents on Thursday 4<sup>th</sup> February at 9.00am. All parents are welcome and if it's not your child's usual day of attendance, then please do bring them in to join along.

Please look out for your child's Sponsorship Form coming home soon.

Please can we remind you that children are not to bring toys from home into Nursery.

Thank you.



For your child/ren's safety, we ask that those with pierced ears only wear stud earrings to Nursery.



## Mr David's Message

Welcome back, everyone, from Christmas Bank Holidays and New Year celebrations, we do hope you have found time for plenty rest, relaxation as well as playtime with your children.

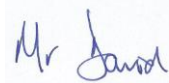
Here at Training Depot, we look forward to the exciting first new term of 2016 - as well as saying hello to many new starters in Cubs Room also in Tigers, some of our older Cubs have already switched up to Tigers. The themes around which all activities and your child's learning are based will also change – please, ask your child's Keyworker for information about our new plans.

Starting again this term, we have Signing for Emotions sessions already a proven method of increasing both the pace as well as the quality of children's learning and their practicing of verbal language. DanceFlavourz will be our nursery guests - introducing music, rhythm, songs and dance during short weekly visits.

Your children and a few parents enjoyed the Nursery Christmas Party, Dinner and the visit of Santa Claus, also, the singing of Christmas songs at St Anne's Residential Care Home. Pictures from these events appear on our Snapfish albums.

Please, do mention to friends and other family members, we still have a few nursery places available in this new term - on certain days. There is nothing more complimentary for our staff team than learning they have been recommended to others by parents of our own children.

Sending you all, every good wish for a very happy and successful new year in 2016.



January 4<sup>th</sup> 2016

## Family Food First

As part of Family Food first we instil healthy eating habits with your children.

We do this by:-

- Providing a balanced meal. Have you looked at our menus?
- Providing physical exercise every day.
- Helping children to make healthy choices through activities.



You can also encourage healthy eating habits at home by:-

- Sitting together at the dinner table and discussing the food you are eating.
- Encouraging table manners.
- Walking instead of using the car.
- You can also sign up for 'Me Time' for your family. Just follow this link...  
<http://www.activeluton.co.uk/hw/metime>